

"This a wonderful book that anyone with a serious illness - and anyone caring for someone with serious illness - will undoubtedly find helpful. It is compact, to the point, and provides well balanced information but does not lecture. I learned a lot from the book and recommend it without reservation."

Edus H Warren, MD, Ph.D.
Fred Hutchinson Cancer Research Center

"A practical person-friendly guide to living with, and beyond, life-threatening illness."

James S. Gordon, MD
Founder and Director of the Center for Mind-Body Medicine,
Washington, DC
Chairman of the White House Commission on Complementary
and Alternative Medicine Policy

"Fein offers her readers a wealth of practical ideas and messages of reassurance. *Not Just A Patient* is a resource that will benefit anyone whose life is touched by life-threatening illness."

Janet D. Perloff, Ph.D., Professor
School of Social Welfare and School of Public Health, SUNY Albany
Cancer Survivor



Photo by Andrew Eden, Allentown, PA

Ellen Fein is a Licensed Clinical Social Worker with over 20 years experience in the behavioral health field. A cancer survivor who works with individuals as a Cancer Coach, Ellen writes and speaks on issues related to living with cancer, emphasizing mind body approaches to health. She resides in Montpelier, Vermont, with her daughter Becky Goldfinger-Fein and her Tibetan terrier, Kasha.

Not Just a Patient

*How to Have a Life
When You Have
a Life-Threatening
Illness*

by Ellen Fein

